

# Pro-Core

## ELDERBERRY FLAVOURED



SKU: 233K

### INGREDIENTS:

Maltodextrin, dried yeast fermentate (made using *Saccharomyces cerevisiae*), elderberry fruit juice powder, acidity regulator (citric acid), thickeners (acacia gum, xanthan gum), L-ascorbic acid, flavouring, colourant (beetroot red), non-nutritive sweetener: steviol extracts, zinc citrate, cholecalciferol, anti-caking agent (silicon dioxide), sodium selenite.

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### Typical Nutritional Information

Serving Size: 1 sachet (3.7 g)  
Servings per Container: 21 sachets

	Per 100 g	Per sachet (3.7 g)	% NRV*
Energy	1554 kJ	57 kJ	**
Protein	2.3 g	0.1 g	0%
Glycaemic Carbohydrate	88 g	3 g	**
of which: total sugar	5.2 g	0.2 g	**
Total Fat	0.3 g	0 g	**
of which: saturated fat	0 g	0 g	**
Dietary Fibre***	3.0 g	0.1 g	**
Total Sodium	100 mg	4 mg	**
<b>VITAMINS</b>			
Vitamin C	2162.2 mg	80.0 mg	80%
Vitamin D	270 µg	10 µg	67%
<b>MINERALS</b>			
Selenium	1486 µg	55 µg	100%
Zinc	81.0 mg	3.0 mg	27%

\* Nutrient Reference Values (NRVs) for individuals 4 years and older

\*\* NRV not established

\*\*\* Fibre content calculation based on AOAC 2009.01 method

Pro-Core is formulated with the ingredient EpiCor® and a blend of key vitamins and minerals.

Available as a box of 21 sachets, Pro-Core is great for everyday support when you're on the go.

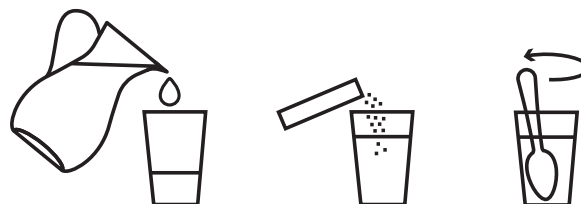
### KEY BENEFITS

- High in Vitamin C, Vitamin D, Selenium and a source of Zinc
- Suitable for vegans
- Gluten-free
- Artificial colourants and artificial flavouring free
- Available in tasty elderberry flavoured
- Sweetened with a naturally sourced sweetener from stevia leaves
- Available in 21 individual sachets

### USAGE

Enjoy Pro-Core daily by adding one sachet (3.7 g) to 150 ml of water and stir until dissolved. Consume one glass per day with meals.

Use this product within a balanced and varied diet, as part of a healthy, active lifestyle.



150 ml water + 1 sachet (3.7 g) + stir